

Your West Michigan  
Cycling Connection

**Road Racing**

Mountain Biking

**Touring**

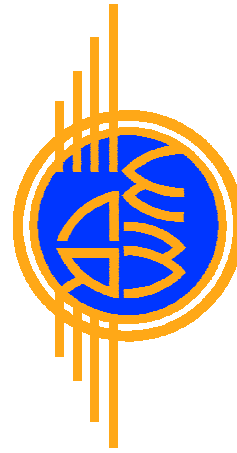
 **Time Trialing**



*and riding just for fun!!*

P. O. Box 333  
Spring Lake, Michigan  
49456

WEST MICHIGAN  
COAST RIDERS



**West  
Michigan  
Coast  
Riders**



**2011  
Membership  
Application**

[www.wmcoastriders.org](http://www.wmcoastriders.org)

## What are the West Michigan Coast Riders?

We are a local bicycle club that supports cycling for the Western Michigan Area. We enjoy cycling of all types; road, mountain, touring etc. Our membership consists of racers to casual riders. We are affiliated with the United States Cycling Federation (USCF), League of Michigan Bicyclists (LMB), and Michigan Mountain Biking Association (MMBA)

### Membership Benefits

- *Newsletter of Local Interest*
- *Club Website*
- *Access to Club Sponsored Rides*
- *Club Member Directory*
- *Support of Organized Local Riding in Western Michigan*
- *Access to Club Apparel at Club Costs*
- *USCF Club Affiliation (for racers)*
- *Access to Computrainer at Local Bike Shop*

[www.wmcoastriders.org](http://www.wmcoastriders.org)

This is the club website. All forms, flyers and newsletters will be posted to the site. Members can post ride information or other cycling related items on the membership bulletin board. We would welcome any cycling related photos you want to post that other members would enjoy.

A club calendar is available for races, tours and weekly group rides.

### How To Join

Annual membership dues are \$15 for individuals, \$30 for families. An annual membership runs from January 1 through December 31 of that year. Memberships received after October 1 will be given credit towards the following year. Please make your checks payable to "West Michigan Coast Riders". Applications and checks should be sent to:

**West Michigan Coast Riders**  
**PO Box 333**  
**Spring Lake, MI 49456**

Name	
Address	
Phone	email
Age	Gender: M <input type="checkbox"/> F <input type="checkbox"/>
Family Member Name	Age Gender: M <input type="checkbox"/> F <input type="checkbox"/>
Family Member Name	Age Gender: M <input type="checkbox"/> F <input type="checkbox"/>
Family Member Name	Age Gender: M <input type="checkbox"/> F <input type="checkbox"/>
Family Member Name	Age Gender: M <input type="checkbox"/> F <input type="checkbox"/>

What are your cycling interests? (check all that apply).

This information will be helpful in the directory for letting people know about riders that are being organized)

Road Racing (RR) \_\_\_ ATB Racing (AB) \_\_\_  
Touring (T) \_\_\_ Mountain Bike (MTB) \_\_\_  
Casual Riding (CR) \_\_\_ Time Trials (TT) \_\_\_  
Women's Road (WR)\_\_\_ Women's ATB (WA) \_\_\_  
Tandem (TD) \_\_\_ Cyclo-Cross (CC) \_\_\_

## Club Sponsored Events & Rides

\*\* Helmets must be worn on all club rides

### Annual Events

#### Duck Lake Beach Time Trial

Michigan State Time Trial Road Race for 2011-2012. This is a USA Cycling sanctioned bicycle time trial race. The rectangular course is 20km in length and features small gently rolling hills and scenic views of Lake Michigan.

#### MOST (Muskegon Oceana Scenic Tour)

bestest tour ever! Sunday 8/21/2011

**Start:** Montague Middle School **Mileage:** 25, 50 75  
Ride past rolling orchards, fresh fruit stands or stop off at local beaches, making for a memorable late summer outing.

### Weekly Rides

#### MONDAY NIGHT RIDES

From: The Coffee House 255 Seminole Rd  
Muskegon, MI 49444

Time: 6:00 p.m. 2-3 groups are formed based on ability and experience. 25 to 40 miles. Starts in Spring and ends late September.

#### TIME TRIALS

Usually 10 to 12 miles. A personal test against the clock. Please visit [www.wmcoastriders.org](http://www.wmcoastriders.org) for more information

#### WEEKEND RIDES

Information on these rides vary by week. Club members usually use the club bulletin board to coordinate rides.

#### LADIES ONLY RIDES

Started in 2004. Please visit [www.wmcoastriders.org](http://www.wmcoastriders.org) for more information.

